



BREAK FREE & EMBRACE A **BRIGHTER** FUTURE

Grace For Addictions Live-Out Program

GFA Live-Out Program aims to empower individuals in recovery by providing structure, accountability, and personalized support. Our mission is to guide participants in rebuilding their lives; emotionally, mentally, and spiritually. With compassion and grace, we aim to equip participants with the tools they need to maintain sobriety, develop resilience, and achieve lasting transformation.

Our Live-Out Program is designed to provide structure, accountability, and support for individuals working toward recovery and transformation. Participants live independently but are required to adhere to program rules and actively engage with the resources provided by Grace For Addictions (GFA).

Program Goals:

- Promote accountability and personal responsibility.
- Encourage community involvement and job readiness.
- Foster emotional, mental, and spiritual growth.

Live-Out Rules and Expectations:

1. Mandatory Weekly Meetings:

- GFA Meeting: Attendance at one GFA weekly meeting is mandatory.
- Second Meeting: Attend an additional recovery-related meeting (e.g., AA, NA, or Celebrate Recovery) approved by GFA.

2. Weekly Coaching Session:

- Commit to one hour of Life/Recovery Coaching with a designated GFA coach every week.

3. Employment:

- Secure and maintain a part-time job (minimum 15 hours per week).

4. Drug Testing:

- Agree to mandatory random drug testing to ensure sobriety.

5. Laws and Legal Compliance:

- Follow all federal, state, and local laws.

6. Daily Check-ins:

- Check in daily with a designated accountability partner or GFA staff via phone, Voicemail, Video.

7. Weekly Goals:

- Set and review personal, recovery, and life goals weekly with your GFA coach.

8. Financial Responsibility:

- Create a budget and start saving a portion of your income.

9. Sober Living Commitment:

- Abstain from drugs and alcohol. Avoid people, places, and situations that could lead to relapse.

10. Community Service (Optional but Encouraged):

- Participate in at least 2 hours of community service per month as part of giving back.

11. Accountability:

- Be honest and transparent in all communication with GFA staff and accountability partners.

GFA Live-Out Application**Applicant Information:**

1. Full Name: _____
2. Date of Birth: _____
3. Address: _____
4. Phone Number: _____
5. Email Address: _____
6. PO Name & Number: _____

Recovery History:

7. Are you currently in recovery? (Y/N): _____
8. Date of last use: _____
9. Previous programs attended (if any): _____

Current Lifestyle:

10. Are you currently employed? (Y/N): _____

If yes, where and how many hours per week? _____

11. Are you willing to submit to random drug testing? (Y/N): _____

12. Do you have reliable transportation? (Y/N): _____

Goals and Motivation:

What are your top 3 goals during this program?

- Goal 1:

- Goal 2:

- Goal 3:

Why do you want to join the GFA Live-Out Program?

Agreement:

I, _____, agree to follow all rules, attend all required meetings and coaching sessions, and actively work toward my recovery and personal growth. I understand that failure to adhere to program rules may result in dismissal from the program.

Signature: _____

Date: _____

Please submit this application by email to thomas@graceforaddictions.org

